



Viking Cafeteria

Grades 6-12

	#1 Classics	#2 PB&J	#3 Deli Sandwich	#4 Feature Salad	#5 Soup & Salad	#6 A la Carte
Mon 10/21	Sweet & Sour Chicken fried rice, egg roll stir fry vegetables side salad	Smucker's Uncrustable PB&J fruit baked chips	Ham, Turkey, and American Cheese on a sub bun with lettuce tomato, pickle spear bag of chips & fruit	Bacon Garden Salad bacon, boiled egg tomatoes, cucumbers mixed greens choice of fruit	Soup: Cheddar Potato Salad Bar an assortment of lettuce, fresh chopped vegetables and homemade salads	Mini Corn Dogs
Tues 10/22	Stuffed Shells broccoli garlic bread stick side salad	Smucker's Uncrustable PB&J fruit baked chips	Ham, Turkey, and American Cheese on a sub bun with lettuce tomato, pickle spear bag of chips & fruit	Bacon Garden Salad bacon, boiled egg tomatoes, cucumbers mixed greens choice of fruit	Soup: Tomato Basil Salad Bar an assortment of lettuce, fresh chopped vegetables and homemade salads	Hamburger
Wed 10/23	Southern Fried Chicken Breast mashed potatoes gravy green beans side salad	Smucker's Uncrustable PB&J fruit baked chips	Ham, Turkey, and American Cheese on a sub bun with lettuce tomato, pickle spear bag of chips & fruit	Bacon Garden Salad bacon, boiled egg tomatoes, cucumbers mixed greens choice of fruit	Soup: Chicken and Wild Grain Rice Salad Bar an assortment of lettuce, fresh chopped vegetables and homemade salads	Chicken Nuggets
Thurs 10/24	BBQ Pork Sandwich corn, chips side salad	Smucker's Uncrustable PB&J fruit baked chips	Ham, Turkey, and American Cheese on a sub bun with lettuce tomato, pickle spear bag of chips & fruit	Bacon Garden Salad bacon, boiled egg tomatoes, cucumbers mixed greens choice of fruit	Soup: Broccoli Cheddar Salad Bar an assortment of lettuce, fresh chopped vegetables and homemade salads	Chicken Sandwich
Fri 10/25	Homemade Pizza mixed vegetables side salad cookie	Smucker's Uncrustable PB&J fruit baked chips	Ham, Turkey, and American Cheese on a sub bun with lettuce tomato, pickle spear bag of chips & fruit	Bacon Garden Salad bacon, boiled egg tomatoes, cucumbers mixed greens choice of fruit	Soup: Chef's Choice Salad Bar an assortment of lettuce, fresh chopped vegetables and homemade salads	Cheese Sticks

All meal options include choice of one (8 oz.) milk or two (4 oz.) apple juices.

Allergy Alert! Items in this cafeteria are prepared where wheat, nuts, and soy are present and may come in contact with food!