



LAKELAND CHRISTIAN SCHOOL

## Illness Policy Addendum: COVID-19 (9/30/20)

### Students with COVID-19 Symptoms or Exposed to COVID-19:

Parents should keep children home from school and notify their principal if they are showing any signs of COVID-19 which includes:

- Temperature 100.4 degrees Fahrenheit or higher when taken by internal/forehead thermometer;
  - Sore throat;
  - New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline);
  - Diarrhea, vomiting, or abdominal pain;
  - New onset of severe headache
  - New loss of taste or smell.
- If a student develops the above symptoms at school, his/her parent will be notified, and student will be sent home.
    - Parents are expected to pick students up within 1 hour of being notified of the students' symptoms.
  - Students should also be kept home from school and notify their principal if they or someone in their household:
    1. Has symptoms of COVID-19;
    2. Has been tested for COVID-19 and are awaiting results;
    3. Has tested positive for COVID-19; or
    4. Has been in close proximity\* with a known COVID-19 positive person outside of household.

**Close Proximity:** Defined as any person who is in an enclosed area within 6 feet or less to the individual with COVID-19 for a combined 15 minutes or more

### Returning to School:

Students with COVID-19 Symptoms without a positive test can return to school when:

- They have a negative COVID-19 test result; or
- They have a doctor's note explaining symptoms; or
- It has been:

- At least 48 hours with symptoms improving and no fever (without medication)  
\*\* If symptoms are not improving over 24 hours please contact your child's physician for further instructions.

Students who have tested positive for COVID-19 and are Symptomatic can return to school when:

- When 10 days since symptoms first appeared; and
- At least 24 hours with no fever (without fever-reducing medication); and
- Symptoms have improved.

Students who have tested positive for COVID-19 and have no symptoms can return to school when:

- 10 days have passed since test was administered with no development of symptoms

Students who have been exposed to a known COVID-19 positive person and do not develop symptoms can return to school :

- If student has been in close proximity with a known positive person (does not live in household):
  - 14 days after last exposure to positive person
- If a student lives with a person who has tested positive, he/she can return to school:
  1. **If no one else in the household develops symptoms** - 14 days from the time the positive person meets criteria to end home isolation (which is, at least 10 days since symptoms first appeared; and at least 24 hours with no fever without fever-reducing medication; and symptoms have improved)
  2. **If others in the household begin having symptoms then** – 14 days from the time the last symptomatic person meets criteria to end home isolation (which is, at least 10 days since symptoms first appeared; and at least 24 hours with no fever without fever-reducing medication; and symptoms have improved)

**\*\*\*If you have been quarantined due to an exposure and are asymptomatic, please do not get tested. A negative test will not shorten your quarantined time.**

Please review the CDC guidelines on exposure to help clarify timelines for quarantine.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

*\*\*Once Criteria to return to school has been met, please contact the school nurse prior to returning to school.*