In accordance with the recommendations from the American Academy of Pediatrics, please adhere to the following illness policy.

Students who experience the following symptoms should be kept home until they are symptom free for 48 hours without the use of medications:

- Vomiting
- Diarrhea
- Oral temperature of 100.4 degrees F or greater
- Sore throat
- Loss of taste or smell

If your student develops an illness that requires antibiotics, they must be on antibiotics for 24 hours before returning to school.

To prevent the spread of illness, other conditions that require exclusion from school include:

- Open weeping sores that cannot be covered with a bandage
- Conjunctivitis (pink eye) - doctor’s note required if antibiotics are not necessary
- Strep throat - may return after 24 hours on antibiotics
- Impetigo - until 24 hours of treatment and must be covered
- Pinworms
- Ringworm
- Unidentified rash
- Mouth sores that cause drooling
- Shingles - must be able to keep lesions covered
- Severe cough that disrupts learning
- Looks or acts very ill
- Head lice - until after first treatment and all nits are removed. Must be checked by the school nurse before returning to the classroom.

The following conditions require a doctor’s note to return to school. Please notify the school as soon as possible if your child has any of the following:

- COVID-19 or if a family member in household has COVID-19 (The doctor’s note must include allowed date of return.)
- Measles - until 4 days after the start of rash
- Mumps - until 9 days after swelling of parotid glands
- Hepatitis A - until 1 week after onset of illness or jaundice
- Tuberculosis - until treated
- Pertussis (whooping cough) - until 5 days after antibiotic treatment
- Chicken pox - until all lesions have dried, usually 6 days
- Rubella - until 6 days after onset of rash
- Scabies - until treated
- Certain stool infections - please contact the nurse if you are unsure about a diagnosis your child received

Students experiencing any of the above symptoms or complaining of any symptom that prevents them from participating in class will be sent to the clinic and the parents notified as quickly as possible so the student can be taken home to recover.

Illness can spread quickly in the school setting if sick children do not stay home. Please keep your child home if you think they are contagious or meet any of the about criteria. Please understand this is for the safety of your child, as well as others.

Hand washing is one of the best ways to prevent the spread of infection. Please encourage your children to wash their hands frequently, especially after using the restroom and before eating.

Please contact your student’s pediatrician with any questions. Your child may return when symptoms have resolved or they are no longer contagious. Please feel free to contact the school nurse if you have any other questions or concerns.
Quick Reference Guide for Parents/Guardians
Medication Administration Guidelines During School

There are two options for students to receive medication while at school:

1. Directly by a parent: Parents may always come to the school to administer medications to their child(ren) as needed.

2. Through the school clinic: In order for medication to be administered through the school clinic the following policies must be observed.

- All medications must be received from an adult. Students are never allowed to transport medications. Medication will not be administered if a student brings it in.
- Medications must be dropped off with the nurse in the clinic.

For All Over the Counter and Prescription Medications

Complete the "Lakeland Christian School Authorization for Medication" form. A doctor must fill out the bottom portion. The school cannot administer prescription medications unless this form is completed. This applies to both short term medications such as antibiotics as well as maintenance medications.

Tip: you might want to keep some forms on hand for urgent care situations.

All medications must be received in the current pharmacy-labeled container. Medications required to be split must be done either at home or by the pharmacist before it is brought to school. School personnel are not allowed to split medications. This includes medications for field trips.

Thank you for allowing us to serve your family.

Please contact the school clinic with any questions or concerns.